



Living & Leading
Consciously



Dr Kavitha Iyer

Dr Kavitha Iyer is the founder of Cresca Consulting Pte Ltd, and an experienced executive coach and executive team facilitator, based in Singapore and consulting internationally. Over the past twenty-five years, Kavitha has worked with senior executives and teams, in strengthening individual and team awareness, with a focus on its impact to their business and strategic agenda. Since 2006, she has also been working with INSEAD (Singapore & France), as an executive coach, with the additional role of Leadership Development Practice Director, since 2014. In this role, she designs coaching interventions in individual and small-group settings with faculty and manages a team of senior coaches.

Kavitha specialises in working with top leadership teams, boards, C-suite executives and women leaders. This involves curating solutions towards supporting organisation's in their talent agenda, developing high performing individuals and teams. Her clients



Living & Leading
Consciously

include international companies in pharma, financial services, luxury, consumer goods and professional services firms, among others.

Kavitha holds a PhD in Organizational Change from the Ashridge Business School in the UK and Master of Science (MS) in Positive Organization Development and Change (MPOD) from The Weatherhead School of Management at the Case Western Reserve University. Her accreditations are also in the use of several well-known profiling instruments including MBTI, ESCI, LSI and is a Master Practitioner of Appreciative Inquiry and other 360 assessments. Her coaching approach is chiefly informed by psychoanalytical theory and strengths-based approaches towards managing change, with a sound reputation in understanding how group dynamics influences individual and group behaviour.

Prior to her independent practice, Kavitha has a corporate career spanning over 20 years in organizations such as Unilever, Arthur Andersen, Merck, American Express and IMS Health, where she held a variety of Generalist HR and specialist Learning & Organisation Development roles. Kavitha creates business-relevant and robust developmental interventions, leading to effective change and is often described as someone who is results-oriented, supportive and challenging.

Kavitha has spent her childhood across Jakarta, India, Canada and Russia and has lived in Singapore for the past 21 years. She is married and has two adult sons.